



# ICARE EYE HOSPITAL & POST GRADUATE INSTITUTE

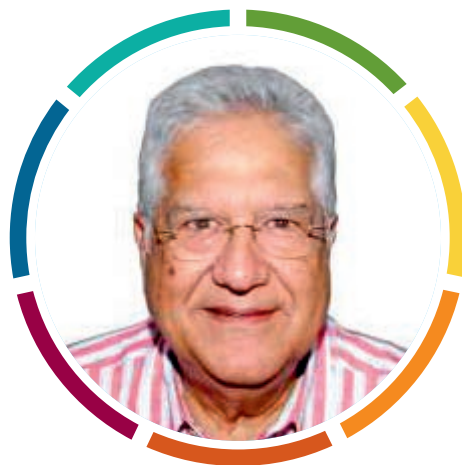
(Unit of Ishwar Charitable Trust)



## ANNUAL REPORT 2020-2021

[www.icarehospital.org](http://www.icarehospital.org)  
[www.icarecharitablefoundation.org](http://www.icarecharitablefoundation.org)

# MESSAGE



**Mr Arjun Malhotra**

Chairperson

**W**ith great pleasure we release our annual report for Financial Year 2020-2021. Humanity & Healthcare passed through one of its darkest phases, and despite the uncertainty and beginning the year in National lockdown due to CoVID-19 Pandemic. The year ended on a positive note with the Vaccine & India's mass vaccination programme in which we proudly continue to participate.

The financial and operational challenges were enormous, we continued emergency services throughout the lockdown & all patients could access our online teleconsultations. We are clear in our mission and vision helping the underprivileged and neglected part of our society, thus resuming our Charitable Programme from June 2020, and Charity Surgeries from July 2020.

For this year we completed 14,450 Surgeries, 1,20,150 Screenings, and our free of cost Surgeries were 7830. ICARE participated in the World's Largest Vaccination Programme from 3 March 2020 till 31 March and we completed 4500 Vaccinations.

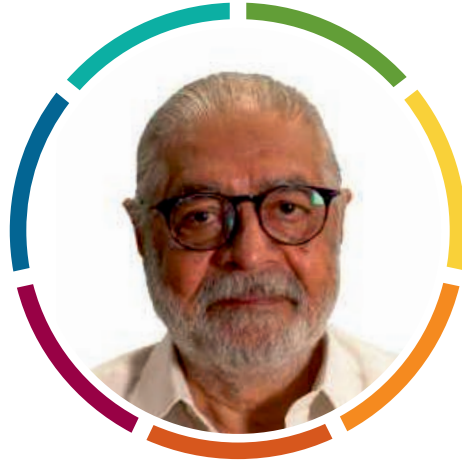
Our Dadri Centre NTPC-ICARE Bhajan Lal Eye Hospital also began operations, located in rural area of Nagla Chamroo, Dadri, Uttar Pradesh we have equipped this hospital with state of the art diagnostics and surgical microscopes, along with comfortable waiting & recovery areas. We also started a vision Centre in Dadri town.

The Outreach programme which extended to 200 Km, was one of the largest in North India, though now with the pandemic, we have reimagined our outreach programme and process' for charitable patients.

I would like to thank all our Donors, Patients, Dedicated Doctors and staff, who recognise our contribution to society over the last 27 years & continue to support us now and in the challenging times ahead.

**Stay Healthy, Stay Safe.**

# MESSAGE



**Dr Sushil Choudhry**

Managing Trustee

**W**e began our new financial year in the CoVID pandemic. This made us rethink our strategy and process towards community operations, with restraint of admitting patients during these difficult times, we were able to ,with certain, Innovations one such being; starting daycare surgeries. Instead of admitting them for approximately two and a half days. The next day they are examined by staff in our local vision Centre in that area. This helped us add a lot of surgeries during COVID times much beyond our expectations. I am confident we will prevail in the coming months. Despite the challenges we opened two more vision Centre's. Our Khurja unit, continued throughout the pandemic.

The hospital garnered several appreciation awards from NOIDA Authority (presented by CEO NOIDA Authority), for our work during the pandemic. We also donated in excess of 16,000 bottles of sanitisers, 500 N95 masks, 100 PPE kits, 750 Face shields to NOIDA Authority, Police, & other emergency services. With COVID restrictions, making medical education online, it opened opportunities for our consultants to participate speak at a number of CME's, National & International.

Dr Kusum & Mr Viney Sahgals' generous donation, in building the Paramhansa Yoganand Charity Wing . The 2500 sqft, part of the building made of clay bricks had over lived its life & was lying idle as it was declared unsafe This is where the Sahgal's undertook to rebuild this space into a two storey structure-increasing infrastructure to approximately 8000 sqft. The building has two lifts, and is totally air conditioned, with air handling unit, a first of its kind in India. This building is also provided with state of the art dining hall ,with separate kitchen, which also includes a sperate OPD block for charity patients. This has helped increase bed strength from 70 beds to 150 beds. We are able to treat our patients with lot of dignity, which they rightfully deserve. However, sadly, we lost Prof (Dr) Kusum Sahgal in December 2020. The Sahgals Paramhansa charitable wing is dedicated to Dr Kusum Sahgal.

In keeping with our Vision & Mission to use the latest technology. The hospital this year inducted 23 types of equipment; First in Asia Legion Phaco Machine, New HVF Analysers, Laser machines, Ocular surface analyser (OSA), Lumera Microscope, Zeiss OCTA etc as well as upgrading our current investigative equipment.

Our DNB programme has trained over 74 students to become Ophthalmologists , Short Term Phacoemulsification Training programme has trained 539 Indian & 50 Foreign Doctors over the years.

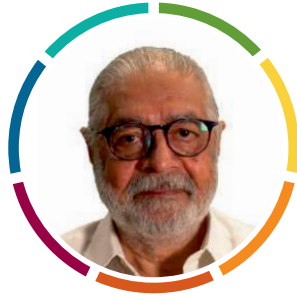
Thank you to our Donors & highly dedicated ICARE Doctors and Staff, for helping ICARE to grow into a Centre of Excellence for it's service to all our patients, at International Standards

**Stay Safe, Stay Healthy**

## TRUST BOARD MEMBERS



**Mr. Arjun Malhotra**  
CHAIRPERSON  
Co Founder HCL &  
Headstrong,  
Chairperson Ishwar  
Charitable Trust



**Dr Sushil Choudhry**  
MANAGING TRUSTEE  
Managing Trustee  
Former lecturer at  
Maulana Azad Medical College.  
Founded Ishwar  
Charitable trust  
in 1982.



**Dr Saurabh Choudhry**  
SECRETARY & CEO  
Secretary Ishwar Charitable  
Trust & CEO  
Anterior segment consultant  
specializing in cataract &  
refractive surgery.



**Dr Rewa Choudhry**  
TREASURER  
Former HOD Anatomy,  
Lady Hardinge Medical College.  
Former Principal of the  
Vardhaman  
Mahavir Medical College.



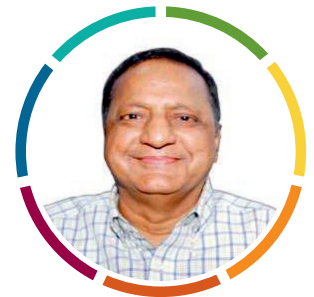
**Dr D.V Kapur**  
TRUSTEE  
Founder Chairman &  
Managing Director of National  
Thermal Power  
corporation (NTPC)



**Mr. R. C. Bhargava**  
TRUSTEE  
Chairman Maruti Suzuki and  
Served in the Indian  
Administrative Service  
(IAS)



**Mr. S. R. Wadhwa**  
TRUSTEE  
Retired IT Commissioner  
Renowned Tax Advocate and is  
considered a Tax authority in India.  
Served as special tax advisor to several  
foreign governments



**Mr. Dinesh Mathur**  
TRUSTEE  
Chairman & MD of  
Akriti Creations



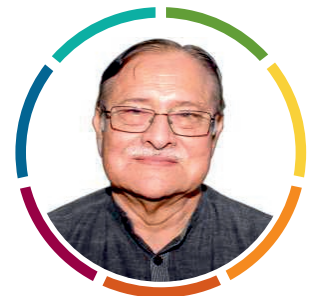
**Mr. Sunil Anand**  
TRUSTEE  
Audit Professional  
in USA Certified CPA in  
USA & Philanthropist.



**Mr. Surinder Malik**  
TRUSTEE  
Chairman & MD  
Da Milano



**Mr. Subodh Bhargava**  
TRUSTEE  
Former Chairman Tata Communication,  
Chairman Emeritus Eicher Group,  
Boards of several Tata Companies,  
Past President of CII



**Mr. Hiralal Zutshi**  
TRUSTEE  
Former Chairman &  
MD HPCL

IN MEMORIAM



**Prof. (Dr) Kusum Sahgal**

12.08.1948 – 24.12.2020

Founder, Sahgal Paramhansa Yogananda Charitable Trust



## MISSION

ICARE is committed to provide comprehensive quality ophthalmic services of International Standards to all sections of society at an affordable cost.



## VISION

To excel in cutting edge technology in eye care, education and research in ophthalmology.

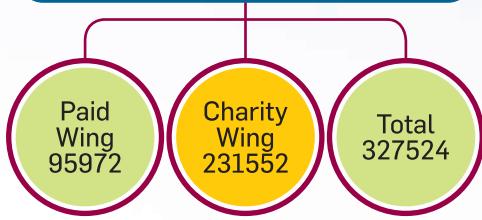


## VALUES

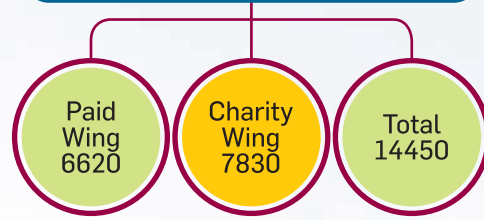
To deliver quality, ethical, medical and surgical eye care services.

## 2020 - 2021 AT A GLANCE

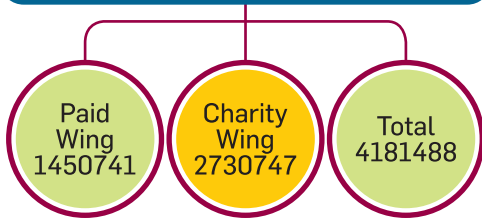
### Surgeries performed 1993-2021



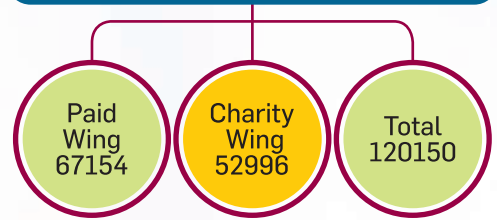
### Surgeries performed 2020-21



### Patients treated in OPD 1993-2021



### Patients treated in OPD 2020-2021



**ICARE has been appreciated by Noida Authority CEO Mrs Ritu Maheshwari Swachh City programme, for our efforts in cleanliness & fighting the CoVID-19 Pandemic**



# 2020 - 2021 AT A GLANCE

## Vaccination Drive started in March 2021



## Covid Vaccine: Covishield received on 3rd March 2021







## Fight Against COVID-19

- Hospital opened on 4th May after one month of lockdown
- COVID-19 protocols formulated before opening of hospital after lockdown last year. Trainings taken for all staff for the same to make sure immediate implementation of the COVID-19 protocols.
- E-feedback (taken on i-Pad) started in place of paper feedbacks to minimize documentation handling by staff & patient in lieu COVID-19 situation.
- Red eye clinic started to segregate infected and non-infected patients in lieu of COVID-19 situation
- Tele-consultation started in May 2020 in lieu of COVID-19 situation and is continuing till date.
- Vaccination Drive
  - We vaccinated approximately 1300 patients in our Vaccination Centre at Noida in the first month (From 4th March - 30 March 2021) and has continued till date.
  - Corporate vaccination camps were also organized.
- All our staff were vaccinated by end of February 2020.
- Sanitizer donation made on 20th Sept 2020 to Noida Police, Noida Authority, District Magistrate Office



## DONATION

### FIGHT AGAINST COVID-19

One of our former doctors, Dr Arun Narayan Swamy  
arranged for donation by  
Mrs. Jasmine Tan  
JDJ Corporation, Singapore  
Donated 19560 Bottles (815 cases)



Dr Arun Narayan Swamy



The Sanitiser Donation was  
from JDJ Corporation Singapore



**B**efore the establishment of ICARE Eye Hospital in 1993 on an acre of land at sector 26 Noida, Dr Sushil Choudhry, ran a clinic for underprivileged from his Delhi residence under the aegis of Ishwar Charitable Trust ( ICT) in 1981, dedicated to his mother “Ishwar”. Understanding the ever growing need of ophthalmic care for poor people in the remote rural areas, Dr Choudhry established ICARE EYE HOSPITAL with the small token of money his mother left him in her insurance. ICARE has come a long way to become a landmark hospital for eye related services in the last 27 years. His vision and dedication has made sure that ICARE has become one of the best eye hospitals offering state of the art facilities. We now have a fully renovated charity wing for the offering ophthalmic care for the underprivileged. We take pride in being a hospital with a heart.

## THEN & NOW



## CENTRES

### Base Hospital ICARE Eye Hospital, Noida



## SECONDARY CENTRES



Dadri Centre



Khurja (Uttar Pradesh)

## VISION CENTRES



(Vision Centre in Tahirpur, Delhi in Collaboration with Sight Savers)



Raahi (Vision Centre in Faridabad in Collaboration with Sight Savers)



Shikarpur Vision Centre

## COMMUNITY SERVICES

### DURING COVID ERA

The aftermath of the COVID-19 virus has had a very significant impact on ophthalmology in India. But this also is an opportunity for us to reinvent the ways we have been working. ICARE has worked on new approaches for planning efficiencies for reaching out to more beneficiaries with limited resources.

### WALK-IN OPD

Patients from semi urban and rural surroundings requiring eye treatment reach to us in Free OPD section at the Base Hospital Noida, Secondary Hospitals at Khurja in Bullandshahr district, Dadri at Gautam Budh Nagar and Swai Madhopur at Rajasthan.

### VISION CENTER MODEL

ICARE adapted a new model of mobilizing beneficiaries from the Vision Centres to the Base and Secondary Centres for treatment and surgical intervention. The Vision Centre team organizes the patients' referrals to the hospital, reaching out to family members in the community, arranging transportation to the hospital, and systematically removing the barriers that kept the patient from receiving surgery. The combined effort of both the Vision Centres and the base or referral hospital reduces the load of visual disability in the community.

### GOVT. TIE UP

Most of the Govt facilities were occupied treating COVID-19 patients and the needy people were being neglected for other medical treatment. ICARE took a step to address this issue and be a helping hand of the Govt. by tying up with the district authorities for providing modern ophthalmic care and started mobilizing patients from the Primary Health Centers (PHCs), after their preliminary examinations and those requiring surgical interventions were picked up by ICARE following all the safety protocols for the prevention of COVID-19.



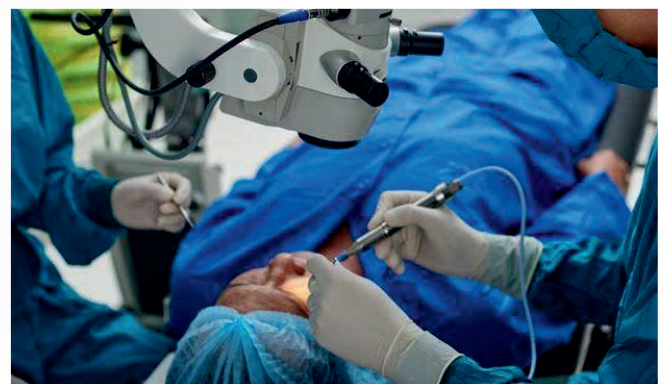
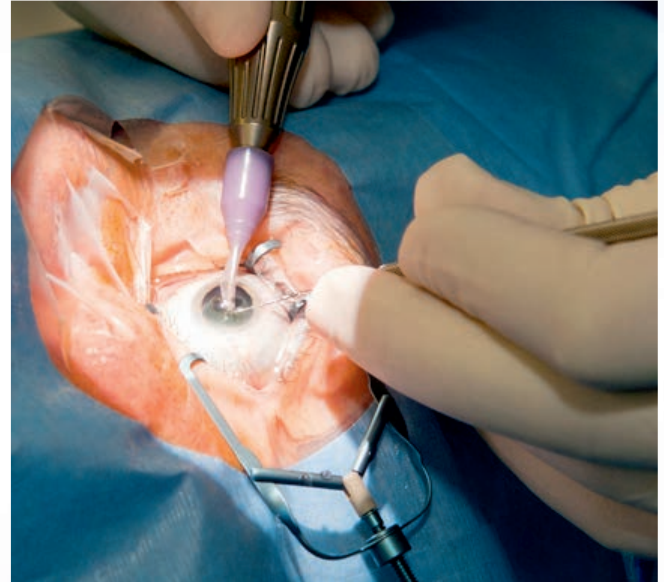
# COMMUNITY SERVICES



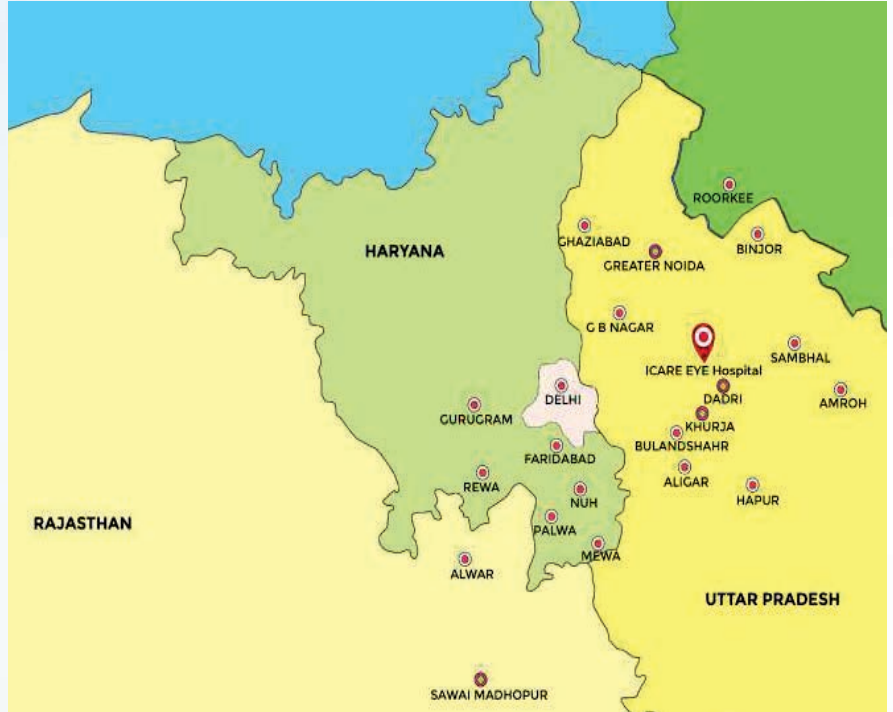
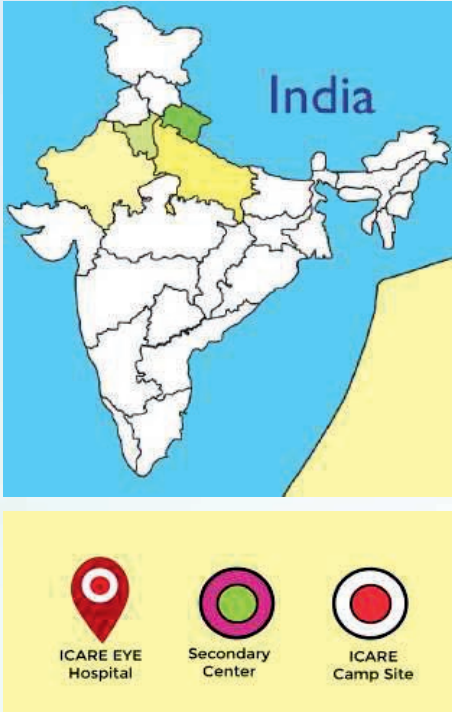
## PERFORMANCE IN COMMUNITY SERVICES

Community outreach program at ICARE contributes to more than 65% (approx 2/3 of Total Surgeries) of the total ophthalmic surgeries. We provide free eye care to villages in Uttar Pradesh, Haryana, Rajasthan and Slums of Delhi (through our outreach program). Our eye camps target underprivileged people residing in remote rural areas who cannot afford eye care. This year we opened a new secondary center at Dadri. Our aim is to reach out to as many people as possible to prevent curable blindness.

Surgeries 20-21	
Type of Surgeries	Numbers
Cataract	7292
Cornea	80
Diabetic Retinopathy	106
Glaucoma	11
Keratoplasty	12
Oculoplasty	83
Squint	24
Vitreoretinal	133
Miscellaneous	91
<b>Grand Total</b>	<b>7832</b>
Surgeries at Centres 2020-21	
Base Hospital	5621
Dabri Centre	1009
Khurja Centre	754
Rajasthan Centre	448
<b>Total Surgeries</b>	<b>7832</b>



# CATCHMENT AREAS



## Three Days Patient Cycle at Base Hospital



Registration queue in the Govt. Hospital



Eye screening at the camp site



Patients requiring surgery are brought from the camp to the Base Hospital



Surgery being performed



Comprehensive eye examination at the Base hospital



## Three Days Patient Cycle at Base Hospital



Patients taking rest after surgery



Meal being served



Patients going home after restored eyesight



Patients boarding the ambulance after treatment

## CASE STUDIES

Salma D/o Zakir Hussain  
MRD - OP55384  
Address – Village Nithari, Sector 31, Noida, U.P  
Operated Eye – Right Eye (PHACO+PCIOL)  
Operation Type – Cataract

Salma daughter of Jakir Hussain is 12 years old girl, lives in village Nithari, Sector 26, district Gautam Budh Nagar, Uttar Pradesh. She is the youngest daughter of the five children born to Jakir Hussain. Salma's father has a small iron welding garage. Salma once complained about her diminishing eyesight with her mother, her mother thought she was making excuse to escape from her studies. They neglected her eye condition for a year to which Salma's teacher complained about her poor performance in reading and writing and suggested her father to get her eye tested. Jakir could make out that there is something wrong in Salma's eye and brought his daughter for an eye test at ICARE on 2nd November, 2020.



Salma underwent a detailed eye examination and was found having cataract in the right eye, she could only read through finger count. The doctor advised for the surgery. On 3rd November, 2020 she was admitted for the surgery under General Anaesthesia. The next day, the patch was removed and post-operative examination, Salma with an excitement of seeing things clearly hugged her father with a bright smile and thanked everyone. Jakir is eagerly looking forward to see Salma excelling in her studies and making everyone proud with her achievements.

## CASE STUDIES

Manju D/o Amit Kumar  
MRD – 049507  
Address – 17/157 Kalyanpuri, Delhi -110091  
Operated Eye – Left Eye  
Operation Type – DCR (Dacryocystorhinostomy)



Manju, ten-year-old girl, studying in class third in a Govt. recognized school is the third child of Amit Kumar, who works a painter living in the slums of Kalyanpuri, Delhi. His eldest son is handicapped, can't walk and talk, he has some hope from his second daughter (Renu) who is sharp in studies and is studying in class 8th, she also helps her mother in household chores, taking care of the aged grandfather and other siblings. Manju's mother is very hard working, she works alone in the field and take cares of the family, while Amit is away for earning some extra money for the family in the urban locations of Delhi.

Manju being the naughtiest amongst the siblings is close to his father, she got hurt two years ago by an electric fan which was being used by a neighbour for winnowing the rice seed grains from the husk. Manju was rushed to a nearby clinic where they gave her some medicine and ointment for healing the eye. After few months, Manju's mother noticed that her left eye was full of tears; sometimes it becomes difficult for Manju to open her left eye due to mucopurulent discharge. Manju's mother shared the issue with her husband and requested for getting her treatment done for saving her eyesight. Amit without any delay brought her daughter from

the village to Delhi, for getting the eye treatment done at AIIMS, where Manju initial check-up was done and given a 6 moths waiting time for free surgery. Amit went hopeless and shared his concern with one of his neighbour.

Fortunately, his neighbour guided him to get his daughter eye checked at ICARE Eye Hospital. Next day he reached ICARE base hospital with his daughter, the doctor thoroughly checked her eye and found out that her left eye tear duct got blocked and needed a surgical intervention for creating a new tear drain between her eye and nose. The surgery was planned after getting her physical fitness on 13th January, 2021. Her left eye surgery was successfully done for Dacryocystorhinostomy (DCR) under general anaesthesia. On 14th January, 2021 her post-operative examination was conducted for the further observations, the new tear duct was successfully created.

Manju's father was very happy to know that his daughter will now be able to wake up in the morning without sticky eye. When asked about his opinion of ICARE, Amit says, "There are no words to thank them as ICARE supported my daughter surgery without even knowing us."

## CATARACT AND ANTERIOR SEGMENT SERVICES

ICARE is the first in Asia and the only Eye Hospital to have the new Legion Phaco system. The cataract team is dedicated and focused towards eradicating curable blindness caused by cataract. This year we performed record 11,704 surgeries. Lead by Dr Saurabh Choudhry we train DNB students, we also train short and long term fellows in this ophthalmic sub specialty.



Dr Charu Tandon examining a patient before Cataract Surgery



Dr Charu Tandon

## TEAM CATARACT

Dr Saurabh Choudhry | Dr Reena M Choudhry | Dr Charu Tandon | Dr Uma Sridhar | Dr Shalini Sharma  
Dr Puneet Gupta | Dr Rita Hansaria | Dr Jyoti Batra | Dr Isha Vatsal | Dr Metu Rajput  
Dr Dushyant Kumar Sharma | Dr Hafsa Bashir

## GLAUCOMA

Glaucoma is a subspecialty in ophthalmology which deals with eye diseases that damage the optic nerve and results in a decrease in field of vision. Glaucoma affects approximately 60 million people globally and is the second most common cause of blindness. Our Glaucoma expert team provides full spectrum of care ranging from Medical therapy, Laser treatment, Traditional glaucoma surgery, Glaucoma valve implant to latest Minimally Invasive Glaucoma Surgeries (MIGS) for patients of all ages. We also provide training to ophthalmologists from different parts of country in glaucoma management and are part of ongoing research in glaucoma at national and international level.



COO Dr Reena Choudhry operating on a Glaucoma Patient

## TEAM GLAUCOMA

Dr Reena M Choudhry  
Dr Rita Hansaria  
Dr Vinayak Bhatia  
Dr Isha Vatsal  
Dr Dushyant Kumar Sharma  
Dr Deepti Mittal

## CORNEA

Cornea services at ICARE has three well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida . A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow. Advanced diagnostic tools like thePentacam, Orbscan, Specular microscope and iTrace helpdiagnosis various corneal disorders. Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons.



Dr Hafsa Bashir examining the Cornea of the Patient



Dr Jyoti Batra examining the Cornea of a Patient

**TEAM CORNEA** 

- Dr Uma Sridhar
- Dr Jyoti Batra
- Dr Hafsa Bashir


## LOW VISION

In the last 26 years the optometry department has grown considerably, the current strength is 25. Ocular Tracey & Varion are state of the art facilities which have been added recently to cataract surgery department to give ultimate outcome. We added TMS - phoroptes in the OPD to give comfort and care to refractions where the vision chart is inbuilt. The department has developed its own software for vision therapy.



Low Vision

## TEAM LOW VISION SERVICES

Mrs .Yogeshwari Bansal 

## RETINA

The Department of Vitreo Retina and Uvea services comprises of a team of experienced fellowship trained experts to deal with the most complex retinal and uveal diseases. The department has access to state of the art technology such as Indo cyanine green angiography, fundus fluorescein angiogram, optical coherence tomography, ocular ultrasound, retinal lasers, and advanced surgical systems such as Constellation with MIVS. The recently acquired Heidelberg Imaging System, the most advanced system in the world, has further augmented our diagnostic facilities, benefitting our patients. The Department has one of the most advanced Retinal services in Delhi-NCR and has a large referral base. Diabetic Retinopathy Services: The Institute offers the entire range of facilities for the diagnosis and treatment of Diabetic Retinopathy. The department conducts regular patient education programs. The center is a tertiary referral center for the management of advanced diabetic retinopathy. Retinopathy of Prematurity (ROP) Clinic: This condition which affects premature infants immediately after birth could be a blinding disease if not detected or left untreated at an early stage. Ophthalmologists trained in the treatment of ROP examine the eyes of premature infants in various neonatal centers in hospitals across the city and also in neighboring districts for early detection of this condition. The Institute provides laser treatment for this particular condition and also surgical expertise for advanced cases.



Dr Prashant Jain



Dr Anubhav Goyal examining a child for ROP

## TEAM VITREO AND UVEA

Dr Shahana Mazumdar  
Dr Prashant Jain  
Dr Priyanka Khandelwal  
Dr Anubhav Goyal



Dr Prashant Jain Examining a Patient

## OCULOPLASTY

Cornea services at ICARE has three well trained and experienced specialists. The department is aided by a well-equipped eye bank which is the only eye bank in Noida. A tear science lab is being established at ICARE which can diagnose and treat all types of ocular surface disorders including dry eyes. It has the latest technology in diagnostics such as the Lipiview and the latest treatment modality Lipiflow. Advanced diagnostic tools like the Pentacam, Orbscan, Specular microscope and iTrace help diagnosis various corneal disorders. Highly specialized corneal surgeries including corneal transplantation, Femto Laser assisted corneal procedures are effectively performed by the corneal team. Autologous stem cell transplantation procedures such as simple limbal stem cell transplantation is also being done by our trained surgeons.



Dr Jyoti Batra Ohri



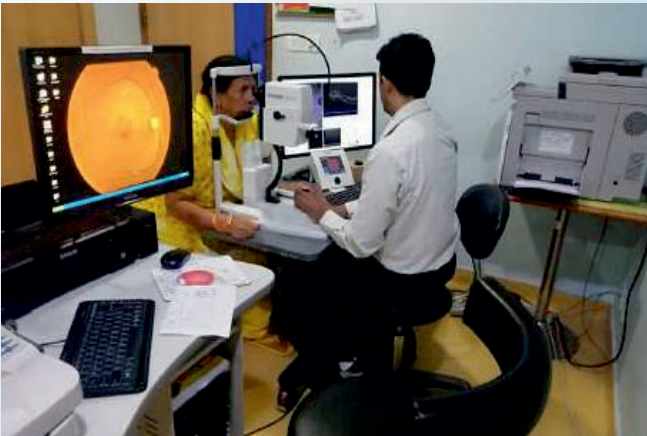
Dr Jyoti Batra Ohri checking a Patient

## TEAM OCULOPLASTY AND OCULAR ONCOLOGY

Dr Jyoti Batra Ohri

## NEURO OPHTHALMOLOGY

Neuro Ophthalmology is the subspecialty that deals with disorders of the optic nerve. Common disorders include optic neuritis, Ischemic Optic neuropathies and Traumatic optic neuropathy. Diagnosis of these disorders requires electrophysiological tests such as VEP/ERG and EOG. At ICARE we have state of the art technology and trained doctors to help patients facing these



Patient undergoing Fundus Fluorescein Angiography



Neruo Ophthalmology

## TEAM LOW VISION

Dr Shahana Muzumdar | Dr Renu Grover | Dr Geeta Srinivasan

## PAEDIATRIC OPHTHALMOLOGY

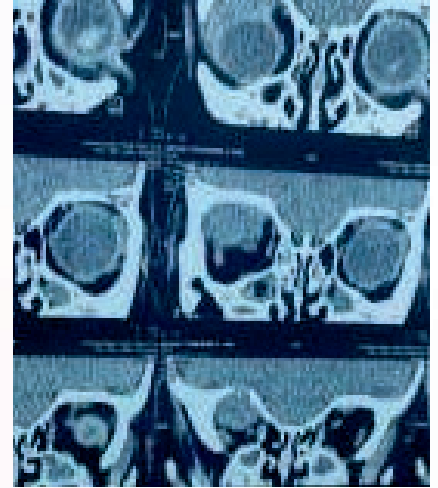
The paediatric ophthalmology and strabismus department treats infants and children upto 16 years of age. The department is well equipped with facilities to manage disorders of vision including refractive errors (need for eye glasses), lazy eye, strabismus (squint/crossed eyes), eye infections, allergies, watering from the eyes due to blocked tear ducts and childhood cataracts and other disorders. The department co-manages disorders like lid-drooping and retinopathy of prematurity with other specialty departments. We also have a fully functional Orthoptic facility with computerized vision therapy to treat eye muscle weakness.



Dr Geetha Srinivasan



Master Akshay Suffering from Cancer in the Right Eye



Pediatric Ophthalmology area



Dr Geetha Srinivasan checking a young patients eye

## TEAM PEDIATRIC OPHTHALMOLOGY AND STRABISMUS

Dr Geetha Srinivasan

Dr Renu Grover

## REFRACTIVE SERVICES

Refractive services is a progressive team working diligently to provide freedom from spectacles. We provide Lasik , C-Lasik, ICL, PRK after conducting comprehensive tests to check the eligibility of the patient for a particular procedure. The team is led by Dr Saurabh Choudhry and has experienced doctors. The department has also trained surgeons for Lasik Procedure. Lasik surgery helps correct vision issues, however reading glasses may still be required with age.



Dr Meetu Rajput



CEO Dr Saurabh Choudhry performing Lasik Surgery

## TEAM REFRACTIVE SERVICES

Dr Saurabh Choudhry | Dr Shalini Sharma | Dr Jyoti Batra | Dr Metu Rajput | Dr Hafsa Bashir

## VISION THERAPY

Vision therapy is a variety of treatments based around eyes exercises. Vision therapy is like physical therapy for the visual system, including the eyes and the parts of the brain that control vision. It can include the use of lenses, prisms. We at ICARE have trained ophthalmologists who conduct these therapies for improvement in vision, if required. Vision therapy can relieves symptoms and improve outcomes for avariety of vision problems, including Amblyopic, Strabismus, phorias, Eye movement disorders.



Vision Therapy

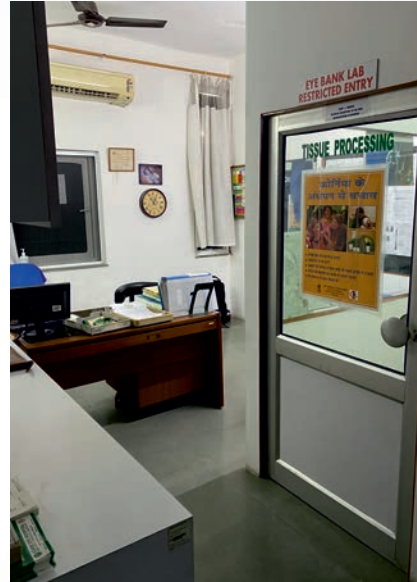


A child undergoing Vision Therapy



## EYE BANK

The Eye Bank at ICARE, established in 2002 is recognized by the Eye Bank Association of India. As of Today it is supported by Sanjay Anand Charitable Foundation, New York and Sankalp Charitable Trust-dedicated to Late Dr L.P Agarwal (Founder of Dr Rajendra Prasad Center for Ophthalmic Sciences and Former Director AIIMS, New Delhi). We celebrate National Eye Donation fortnight from 25 August to 8 September every year.



## AWARENESS DRIVE

Due to the COVID-19 pandemic situation the activities related to the Eye Bank were discontinued. No awareness drive could be carried out during this time period.

## QUALITY POLICY

1. To comply with all statutory and regulatory requirements.
2. To adhere to operational protocols of the institute, in order to reduce errors and enhance patient safety.
3. To promote on the job training to improve skills and competence of the staff.
4. to provide quality of care that exceeds the patients' expectations.
5. To ensure health and safety of the staff members.

During this Pandemic year ICARE also prepared and contributed towards fight against COVID-19. We started capacity building very quickly to prepare ourselves for the upcoming fight. Protocols were prepared afresh, some were amended, implementation ,monitoring and most importantly maintaining these protocols was whole new experience all together. It was clear from start that this pandemic will not only test our organisation resilience but also every individual. We are gratified by the fact that ICARE team is strong and committed to quality patient care.

### **Commitment to care: Steps against COVID-19**

Our first step was to constitute precautionary protocols for COVID-19, on basis if Government guidelines. HIC Committee conducted numerous meetings to discuss and finalize these protocols in line with International (CDC), National (MoHFW) and Professional (All India Ophthalmology Society-AIOS) Guidelines.

### **Red Eye Clinic:**

It was step-up in June 2020, to examine and treat infectious patients. Separate area, Clinical and non-clinical staff designated for Red Eye clinic. Infrastructure and process protocols required for this project were discussed and decided by the HIC Committee.

### **Teleconsultation:**

We knew from start that need for Teleconsultation will arise in due time, to cater the needs of existing patients and new patients. Thus, we started Teleconsultation in June 2020 and continuous till date.

### **Vaccination (Covishield):**

All hospital staff were vaccinated twice by March, 2021. From 3rd March 2021, we are participating in the World's largest vaccination programme we have not had any AEFIs.



Teleconsultation

### **Internal Audit Programme**

Process monitoring has always been integral to continuous quality improvement. During this year, we had evolved processes and through various internal audits like PPE audit, COVID-19 protocol audit etc. we had been able to further refine our processes. Compliance to our new COVID protocols are more than 90% during pandemic and continues till date.

## GLIMPSES OF VARIOUS TRAINING PROGRAMS



## PUBLICATIONS

None due to Covid

## CLINICAL TRIALS

Clinical trials determine the safety and effectiveness of medications, devices, diagnostic products. These may be used for prevention, treatment, diagnosis or for relieving symptoms of a disease. During the trial, investigators recruit subjects with the predetermined characteristics, administer the treatment(s) and collect data on the subjects' health for a defined time period. These academic medical centers often have their internal Institutional Review Boards/Ethics committee that oversee the ethical conduct of medical research. ICARE Eye Hospital & Post Graduate Institute participating in various global clinical trials for ophthalmological indications by experienced Investigators and plays a vital role in new drug development globally.

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ICARE Eye Hospital & Post Graduate Institute Ethics Committee has been registered (EC/RENEW/INST/2019/3163) to Drug Controller General of India (DCGI) till June 2024

## RESEARCH

ICARE Eye Hospital and Post Graduate Institute is committed to excellence in Academics and Research. We are a part of different multi-centre studies

## ONGOING STUDIES

S.No	Protocol ID / Protocol Title	PI	CTRI NO.
1	<b>Protocol No:</b> MYL-1701P-3001 <b>Protocol Title:</b> - A Multi Center, Randomized, Double-Masked, Active-Controlled, Comparative Clinical Study to Evaluate the Efficacy and Safety of MYL-1701P and Eylea® in Subjects with Diabetic Macular Edema.	Dr. Shahana Mazumdar	CTRI/2019/09/021202
2	<b>Protocol No:</b> - AFIL-IJZ-3002 <b>Protocol Title:</b> - A Multi Center, Extension Study to Evaluate the Safety and Efficacy of MYL-1701P in Subjects with Diabetic Macular Edema Completed MYL-1701P-3001 Study.	Dr. Shahana Mazumdar	CTRI/2020/11/028961
3	<b>Protocol No:</b> - SCD411-CP101 <b>Protocol Title:</b> - A Phase III Randomized, Double-Masked, Parallel Group, Multicenter Study to Compare the Efficacy, Safety, Tolerability, Pharmacokinetics, and Immunogenicity between SCD411 and Eylea® in Subjects with Neovascular Age-related Macular Degeneration.	Dr. Anubhav Goyal	CTRI/2020/08/027015
4	<b>Protocol Title:</b> A comparison of intra- operative efficiencies and early post-operative outcomes of Legion® Phaco System with Laureate® Phaco System: A Prospective, Randomized, Comparative, Double Masked, Single Center Study.	Dr Saurabh Choudhry	CTRI/2021/06/034388



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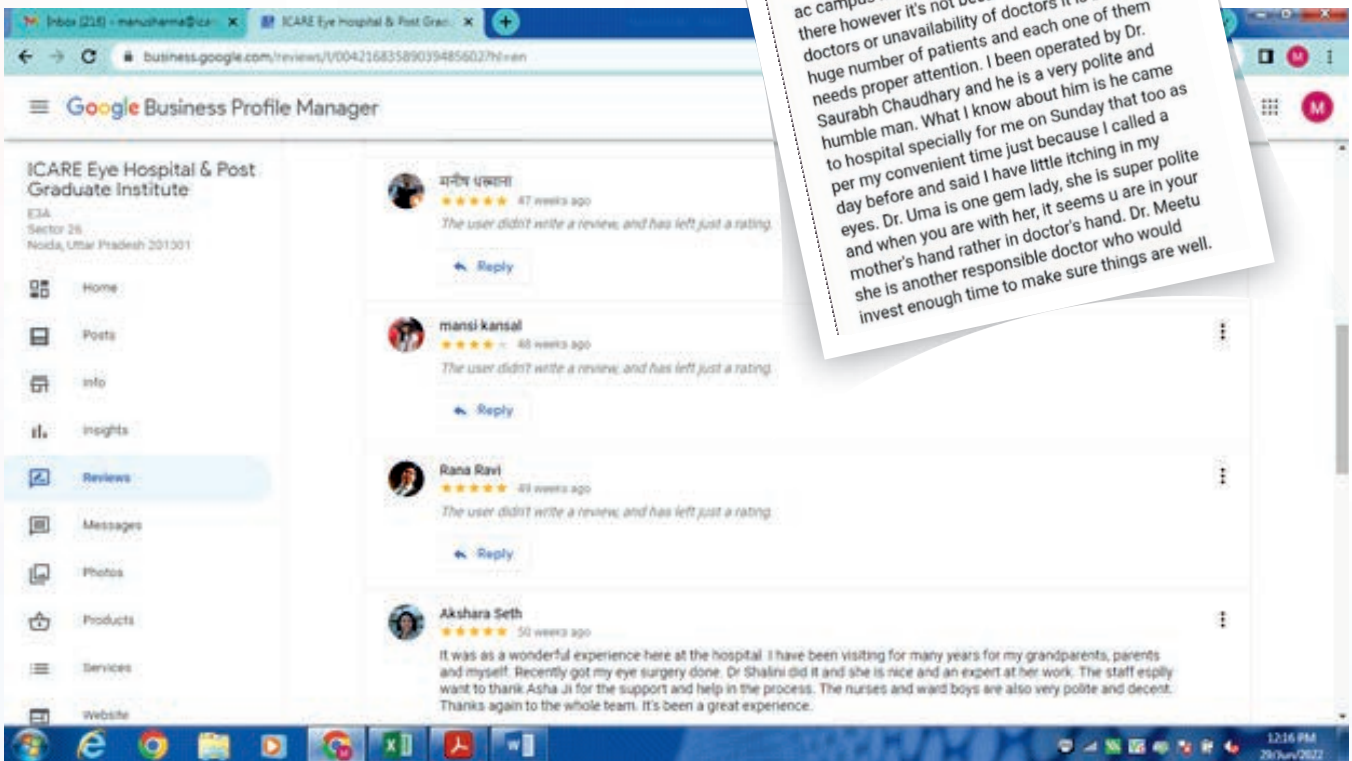
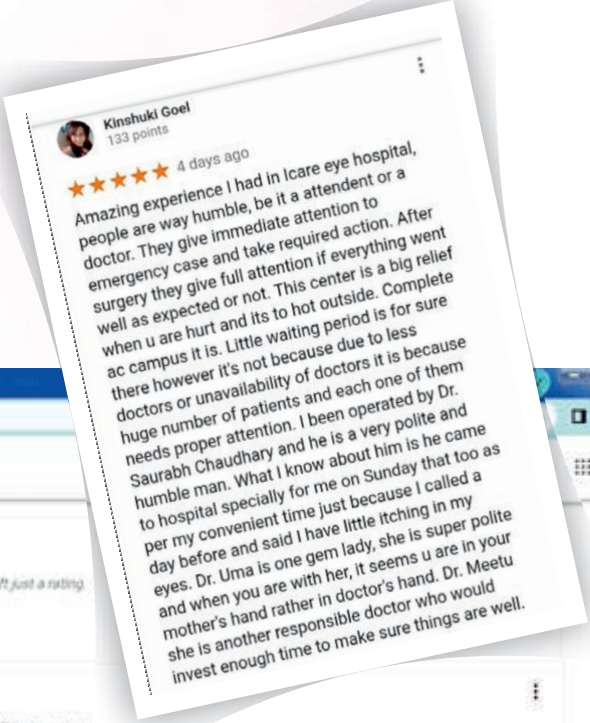
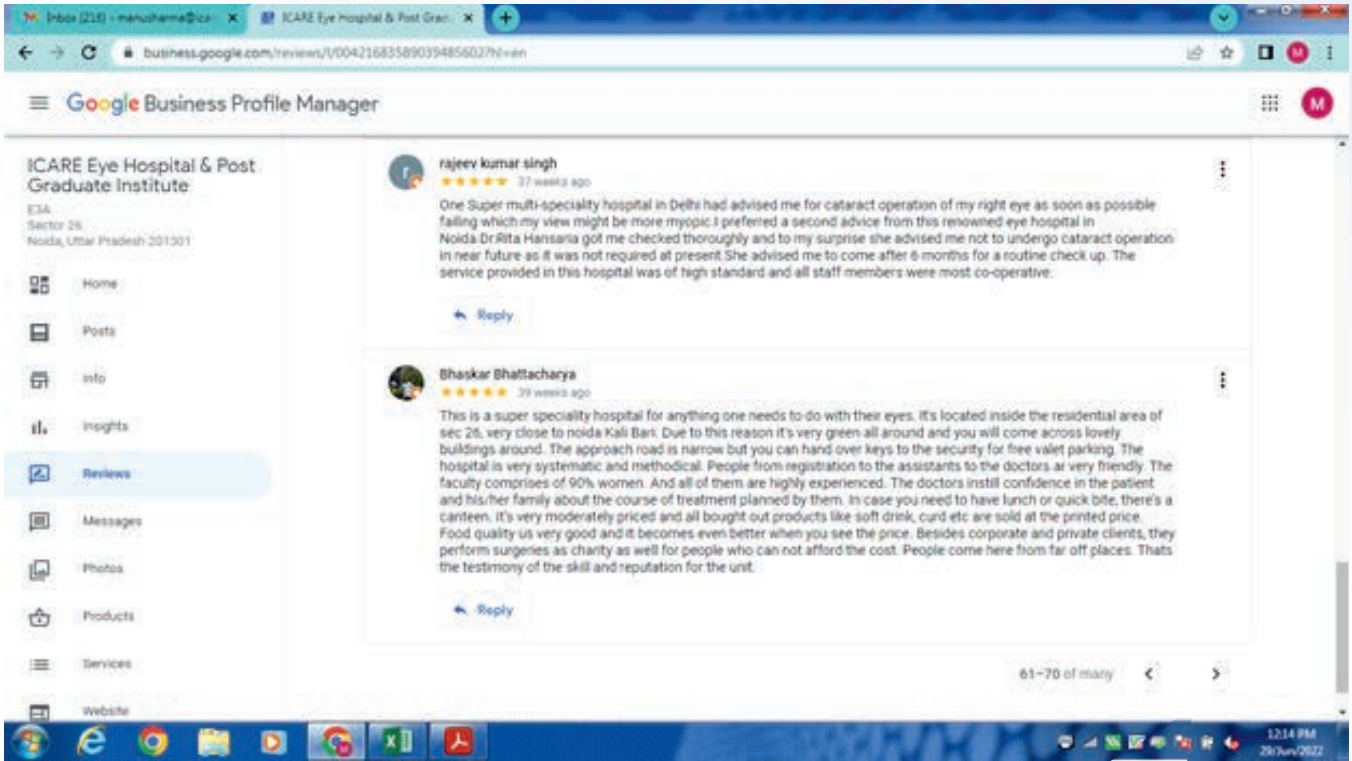
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MANDAWA GROUP OF HOTELS	McKINSEY & COMPANY, USA
ADITYA GUPTA	HCL FOUNDATION
MR. ASHISH BHUTANI (FCRA)	HINDUSTAN PETROLEUM CORPORATION LIMITED
WONDER WORK, USA	RMS RISK MANAGEMENT SOLUTIONS INDIA PVT LTD
BENZO CHEM INDUSTRIES PVT LTD	AVICHAL BUILDCON PVT LTD
CARITAS INDIA	NAVISITE INDIA PVT LTD
AVALOKITESHVAR VALINV LIMITED	INDIAN OIL CORPORATION LTD
STERLING TOOLS LIMITED	ORIENTAL BANK OF COMMERCE
MMTC LTD	RURAL ELECTRIFICATION CORPORATION LIMITED
PROJECTS AND DEVELOPMENT INDIA LIMITED	KRISHAK BHARTI COOPERATIVE LIMITED
CADENCE DESIGN SYSTEMS INDIA LIMITED	INDIAN FARMERS FERTILISER COOPERATIVE LIMITED
CAF INDIA	STATE BANK OF INDIA
ROTARY CLUB	PHD CHAMBER OF COMMERCE AND INDUSTRY
C.S.C. INDIA PVT LTD	PFIZER INC., USA

# TESTIMONIALS



# BALANCE SHEET

**ISHWAR CHARITABLE TRUST**  
(Registered Office : C-57, Basement Defence Colony, New Delhi - 110024)  
(Principal Working Place : E - 3A, Sector - 26, Noida - 201301)

**BALANCE SHEET AS AT 31ST MARCH, 2021**

(All amounts in INR)

Particulars	Schedule No.	As At 31.03.2021	As At 31.03.2020
<b>I. SOURCES OF FUNDS</b>			
<b>1. CAPITAL FUND (INCLUDING CORPUS FUND)</b>	<b>1</b>	160,519,620	146,441,194
<b>2. GENERAL RESERVE</b>	<b>1</b>	422,737,448	381,610,464
<b>3. CURRENT LIABILITIES &amp; PROVISIONS</b>			
(a) Sundry Creditors	<b>2</b>	48,045,801	53,235,766
(b) Expenses Payable	<b>3</b>	13,652,303	13,540,426
(c) Long Term Provision	<b>4</b>	9,434,905	10,067,997
(d) Short Term Provision	<b>5</b>	1,145,089	1,113,126
(e) Others Current Liabilities	<b>6</b>	6,350,541	7,101,520
<b>TOTAL</b>		<b>661,885,707</b>	<b>613,110,492</b>
<b>II. APPLICATION OF FUNDS</b>			
<b>1. FIXED ASSETS</b>	<b>7</b>		
Gross Block		569,437,761	520,662,061
Less: Depreciation till date		256,971,077	220,582,165
<b>Net Block</b>		<b>312,466,684</b>	<b>300,079,896</b>
Capital Work in Progress		58,410,338	64,446,294
<b>2. NON CURRENT INVESTMENTS</b>	<b>8</b>	10,584,751	9,814,148
<b>3. CURRENT ASSETS &amp; LOANS AND ADVANCES</b>			
(a) Current Investments	<b>9</b>	130,355,590	-
(b) Balance with Banks	<b>10</b>	55,999,493	117,428,070
(c) Cash & Cash equivalents	<b>11</b>	784,618	724,685
(d) Sundry Debtors	<b>12</b>	27,375,320	41,979,817
(e) Closing Stock of Consumable, Medicine, IOL & Spectacles	<b>13</b>	21,464,924	34,602,682
(f) Advance Recoverable in Cash or in Kind or for value to be received	<b>14</b>	44,443,989	44,034,901
<b>TOTAL</b>		<b>661,885,707</b>	<b>613,110,492</b>

Schedules, Significant Accounting Policies and Notes on Financial Statements form an integral part of these Financial Statements.

As per Our Report of Even Date Attached.

For Adarsh Sharma & Co.  
Chartered Accountants

For Ishwar Charitable Trust



Dr. Saurabh Choudhry  
Trustee



Dr. Sushil Choudhry  
Managing Trustee



Adarsh Sharma  
Proprietor  
Membership No. 082527  
FRN.017661N

Place : New Delhi

Date : 13.12.2021

UDIN :-21082527AAAAHB3040

## INTERNAL COMPLAINT COMMITTEE

### Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 ("PoSH Act")

S.No.	Member Name	Title
1.	Mrs. Sushila Joshi	Chairperson
2.	Dr Reena M Choudhry	Convener
3.	Dr Charu Tandon	Convener
4.	Dr Geetha Srinivasan	Consultant Incharge: optometry
5.	Mr. Mitul R. Patel	Vice-President
6.	Mr. N.L. Parashar	HR Manager
7.	Dr Swati Nagar	PCS Manager
8.	Mrs. Yogeshwari Bansal	Head: Optometry Training
9.	Mr Mukesh Bhatt	Manager: Community Services
10.	Mr. Deepak Khanna	NGO: Sarva Samma

## NATIONAL PARTNERS



# INTERNATIONAL PARTNERS

## UK



## USA



## JAPAN



## CANADA



## UK



## USA



## SPAIN



## UK



## UK



## USA



## UK



## CANADA



## USA



## UK



## USA



# YOU CAN SUPPORT US



## CSR Projects

Mrs. Sushila Joshi, General Manager - M : 9811408953 / E : admin@icarehospital.org

Ms. Tripti Pal, Manager Fundraising - M : 9643404831 / E : triptipal@icarehospital.org

Cash / Cheque / DD - In favor of "Ishwar Charitable Trust" to be sent along with address and PAN.

Mrs. Geeta Sahoo, Executive - M : 9818151678 / E : donation@icarehospital.org

Net Banking - Account Holders Name: ISHWAR CHARITABLE TRUST

Bank Account Number: 50100069093743 / Bank: HDFC Bank Ltd. Plot No. 118, Block D, Sector-26,

Noida, Uttar Pradesh -201301 / Branch Code: 651 / Account Type: Saving Account

IFSC Code: HDFC0000651 / SWIFT CODE: HDFCINBB / MICR Number: 110240112

Trust Registration No.5524 | PAN : AAATI0312B | FCRA No. 231650416

12-A No.- DLI(C)(T-1070) | 80G No. : DIT(E)80G/10-11/1-290/765

10 (23C) – AAATI0312BD20214 dated 23-09-2021

80G – AAATI0312BF20210 dated 01-10-2021



**ICARE Eye Hospital & Postgraduate Institute- Unit of Ishwar Charitable Trust**

Address : E3A, Sector-26, Noida – 201301, UP | Tel. : +91 - 120 - 3586666/600/601/602

Fax : +91-120-25576389 | Website : [www.icarecharitablefoundation.org](http://www.icarecharitablefoundation.org)

Indian Donors are eligible for 50% tax exemption under 80G of Income Tax Act 1961



## ICARE Charitable Foundation

Address : ASPIRA of New York, Inc: 630 Ninth Avenue, Suite 302, New York, NY 10036

Contact : Mr. Sunil Anand | E : sanand@nyaspira.org | Website : [www.aspirany.org](http://www.aspirany.org)

US Donors are eligible for 40% tax exemption under 501 (C)(3) of the Internal Revenue Code and exempted from Estate Duty EIN : 27-5399354



## Ishwar Charitable Foundation : Registration No. 1177561

Address : 8, Woodside Road, New Malden, Surrey KT3 3AH, UK

Contact : Prof. Sanjeev Krishna | E : [sgjf100@sgul.ac.uk](mailto:sgjf100@sgul.ac.uk)

UK Donors are eligible for 40% tax exemption